

FAR-OUT ADVICE BOOK

Summer
of
Loving
Your
Internet

Do something that scares you every day. Meaning - step outside your comfort zone!

Tina Day Neal

Marriage is the beginning of the journey, not the end of the journey.

Kaleb Sorensen

Focus on progress, not perfection.

KaLee Ralphs

My Drill Instructors told our platoon a piece of advice that always stuck with me and helped in times of stress. "You inflict your own pain" which essentially means, you are the only determining factor in the pain you feel and the amount of stress you accept is 100% based on what you allow to bring you stress. You can only control so many things in your life. The things out of your control, you must let go, but in the same breath, do not commit to acts or actions that will bring you pain and stress in your life. You are the author of your story, you control the pen, so only you can dictate the ending.

Jeffrey L Moxley

One of the best I've seen. (video below)

Glenn Pearson

